

At a glance

Certificate No: PCP-2004/0012

Registration

The Voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961 (Registration No. DSW/NWFP/674) on 07 September, 1992

Major Programmes

Treatment and Rehabilitation Programmes for Drug Users; Drug Abuse Primary Prevention Programmes; Drug Harm Reduction and Social Services; Rehabilitation Programmes for Vulnerable Groups in Prisons; Human Rights Awareness and Legal Aid Programmes; Human Resource Development and Training Programmes

Human Resource

Governing Body: 09 members
Chairperson: Dr. Parveen Azam Khan
Staff Strength: 83 (73 Males, 10 Females)

Area of Operation

NWFP

Banks

Habib Bank Ltd; Allied Bank Ltd; The Bank of Khyber; Standard Chartered Bank Ltd.

Auditors

Aamer Amin & Co. Chartered Accountants, Peshawar

Tax Status

Under process

For Information and Donations

H. No. 8, Sector B-2, Phase 5, Hayatabad, Peshawar
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Mission

To establish self help therapeutic communities for the most marginalised & disadvantaged groups in society; To empower and heal them in body, mind & spirit; To enable them to lead productive & fulfilling lives



How They Started And What They Do

Drug addiction is treatable. Through treatment at a drug rehabilitation centre that is tailored to individual needs, patients can learn to control their condition and live normal productive lives. DOST Welfare Foundation was established in August 1992 in order to combat the increasing problem that Pakistan is facing regarding drug use and other related problems. DOST provides a comprehensive range of drug demand and drug harm reduction services for drug users in different community settings. They also work for human rights protection, and for the rehabilitation and social reintegration of destitute street children, juvenile offenders and women and minor children in prisons. All DOST programmes are based on human rights protection of marginalized groups such as drug users, street children, juvenile offenders, women and minors in prisons. The organisation enables these vulnerable groups to explore the underlying factors of their drug misuse, marginalisation and imprisonment and come to terms with past traumatic experiences. They facilitate training in life and social skills and reintegration into the community and society.

Their Facilities

With a staff of over 80, DOST is working for the rehabilitation and social reintegration of destitute, street children, juvenile offenders, women and children in prisons through a range of quality services and programmes aimed at drug abuse prevention, treatment and rehabilitation, drug harm reduction, HIV/AIDS prevention, vocational skills training, research, advocacy and networking.

At its residential Therapeutic Community (TC), which has a capacity of 310 beds, DOST provides treatment for drug users through a team of dedicated doctors, psychologists, ex-drug users, vocational trainers and other staff members. Since July 1998, TCs have been established in two narcotics' barracks (a women's cell, and the juvenile barracks of Peshawar Central Jail) to rehabilitate and reintegrate juveniles under detention. To date, more than 1000 juvenile prisoners have joined these TCs, where as 1300 have availed the legal aid services and 500 juvenile offenders have been provided with rehabilitation services.



Achievements

More than 6000 street drug users have been registered for drug reduction services from 2001 to 2005

4500 addicts received residential treatment from 2000 - 2005

Successful rehabilitation of 4000 juvenile prisoners, 2000 women prisoners, 1500 drug addict prisoners



“ DOST provides a continuum of care and a comprehensive range of services for drug abuse prevention and treatment, HIV/AIDS prevention, human rights protection, rehabilitation and social reintegration for different marginalised groups i.e. drug addicts, prisoners, Afghan refugees, street children, youth, and other high risk population living in Pakistan ”

Community Participation

Programme planning and design is participatory in nature. Programmes focus on community meetings, awareness sessions, seminars, training workshops and formation and mobilization of anti-drug community support groups. Venues for reaching out to the community include street sites, schools, colleges, universities, mosques, work places etc. Here the focus is primarily on the early identification of drug use and referrals for intervention. The Street Outreach Programme is another effective programme run by DOST. Drop in Centres (DICs) are setup and each new centre is established after informal need assessment of the target population. Local philanthropists from the community also contribute in cash and in kind for the smooth running of different programmes of DOST. Enthusiastic participation of programme beneficiaries is often witnessed e.g. recovering and present drug users participate in the construction, repair and running of their drop-in and treatment centres. More than 80% of the service delivery staff are ex drug users and are role models for others. It is this spirit of community participation that has ensured that more than 6,000 street drug users have been registered with the organisation for drug reduction services from 2001 to 2003. Of these, 2,200 have been provided with detoxification services.

Partners

DOST has regularly monitored and collected data and statistics on the number of people rehabilitated in the various projects - an extremely difficult task. It is this careful assessment and analysis which has contributed towards DOST's recognition and support from UNODC, UNICEF, UNDCP, BHC, GTZ, CRS, ANF and TVO and led to the setting up of the Network of Drug Treatment and Rehabilitation Services in Pakistan. DOST has also provided extensive capacity building training and on-job facilitation services to the staff members of 6 NGOs and 2 public drug rehabilitation and treatment centres, as part of their outreach services.

Muhammad Ayub, Sr. Program Manager, DOST Welfare Foundation

Income and Sources of Funding (Rs.)

Sources of funds	2003	2004	2005
Self Generated Income	-	448,400	287,340
National (Grants/ Donations)	8,246,291	2,930,758	7,382,693
International (Grants/ Donations)	4,665,096	9,099,281	7,457,701
Total	12,911,387	12,478,439	15,127,734