

At a glance

Certificate No: PCP-2005/0031

Registration

The Voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961 in 1965 in Lahore

Major Programmes

Establishment and Operation of Family Health Hospitals (FHH); Counseling with nazims/counselors, CBOs/ NGOs, adolescent girls & male youth; Training of Traditional Birth Attendants (TBAs) and Lady Health Workers (LHWs); Islam and Family Planning; Mobile Service Units; Poverty Alleviation and Income Generation

Human Resource

President: Begum Surayya Jabeen

Members of Executive Council: 10 members

Staff Strength: 5,771 (Paid staff 1,325, Volunteers 4,446)

Area of Operation

FPAPs programmes benefit people from all over Pakistan

Banks

Standard Chartered Bank, Lahore

Auditors

Ford Rhodes Sidat Hayder & Co. Chartered Accountants, Lahore

Tax Status

Exempt U/S 2(36) of the Income Tax Ordinance, 2001

For Information and Donations

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Mission

To promote family planning, sexual and reproductive health as a basic human right of men, women and youth; to improve the quality of life of the poor and marginalised.



Overview

In a decade, the FPAP had grown from a one-room operation in Karachi, Lahore and Dhaka to an infrastructure of district branches with model clinics and information centres. It started with family welfare centres in peri-urban and rural areas helping industrial workers, communities and youth at the grassroots level. Since then, FPAP has enlarged its scope to cover sexual and reproductive health of the whole family as an offshoot of organisational concern for the total well being of women, children, families and communities. It has pioneered in the concepts of social marketing of contraceptives, family welfare centres and reproductive health services. Today, the FPAP is among the largest non-government organisations and alongside the government is the key provider of family planning services in Pakistan. It has over 540 service outlets in all provinces and contributes 10% of the family planning national service delivery. Its call for efforts to combat poor reproductive health, unwanted fertility, illiteracy and discrimination against women does not go unheard. After the adoption of the new Strategic Plan (2005 - 2009) FPAP has expanded the scope of its work to combating HIV/AIDS and preventing unsafe abortions.

Service Delivery

Family Health Hospitals are 20-30-bed hospitals in Lahore, Karachi, Badin, Mand, Quetta, Faisalabad, Islamabad, Chakwal and Gilgit, and work as a first referral health facility. Aided by communities, these facilities offer curative, preventive, cost-effective and cost-efficient services. FPAP operates under the principles of equality, equity, social acceptability and quality. Service package includes information, counseling, motivation, diagnosis, treatment and referral. Family Health Clinics (FHCs) are the basic units of FPAP health services, serving people at 453 locations in the country. Services provided at FHCs are safe motherhood (antenatal and postnatal care, breast feeding, advice on nutrition); treatment of RTIs, diarrhoea and minor ailments. Counseling on STIs and adolescent problems are also addressed along with dispensing of temporary contraceptive



Achievements

- A voluntary movement for family planning
- First surgical clinics set up in Pakistan
- Programme design involves male cooperation



methods. When the need arises, cases are referred to the contraceptive surgical extension programme for tubaligation. The Community Based Reproductive Health Extension is a pilot project and a first effort in Pakistan whereby a doctor-led team including a counselor and a lady health visitor take a wide and comprehensive range of reproductive health services to people’s doorsteps.

Advocacy

The Adolescent Girls Project is equipping and encouraging girls to become role models and agents of change in their families, schools and communities. The Capacity Building of Youth Project is designed to enable marginalised young people to become leaders of character, vision and action in their communities. The Youth Help Line (YHL), under the patronage of the John Hopkins University Communication Center USA, was initiated to reach out to young people in Pakistan’s conservative milieu, providing a secure and confidential gateway to access information regarding reproductive health issues and to provide counseling and guidance to those who seek help. The FPAP also initiated an Islam & Family Planning project aimed at involving religious leaders and scholars to promote planned parenthood and women’s empowerment. Under the Southern Advocacy Project, the forgotten plan of action of ICPD Cairo (1994) is being revitalized through dialogue with policy makers, donors and media.

Social Development

The Kato Women’s Centre in Haripur promotes a dying traditional embroidery, Phulkari, done on hand-spun, coarsely woven cotton, to embellish shawls and bed coverings. The centre, named after Senator Shidzue Kato, a beacon of light for women all over the world, has preserved the stitch-craft. The activity is complemented with reproductive health and family planning information and services and training in skills that help women earn their livelihood. Under the Poverty Alleviation Project, FPAP extends loans to the needy and has a good rate of recovery and savings. There is a linkage between women’s economic empowerment and decision making generally and fertility control. Larger families and unemployment are the main reasons for poverty. Thus, the poverty alleviation programme is a good entry point in the community and empowers the poor people enough to have access to these rights.

The Emergency School Services for Afghan Refugees project is designed to fight against illiteracy in the homeless children of Afghan refugees.

“ FPAP continues to be a moving force for a healthier and happier Pakistan where every child is a wanted child and grows up to achieve full potential ”

Begum Surayya Jabeen, *President, FPAP*

Income and Sources of Funding (Rs.)

Sources of funds	2003	2004	2005
Self Generated Income	46,821,061	63,645,834	38,875,857
National (Grants/ Donations)	215,939,058	176,019,409	12,914,545
International (Grants/ Donations)	6,078,792	8,906,746	161,595,874
Total	268,838,911	248,571,989	213,386,276