



At a glance

Certificate No: PCP-2005/0023

Registration

The Societies Registration Act, 1860 (Registration No KAR/1826) on 13 November, 1990 in Karachi.

Major Programmes

Advocacy on environment protection, especially the built environment, through awareness campaigns, civil society mobilization and public interest litigation.

Human Resource

Governing Body: 07 members
Chairperson: Mr. Roland de Souza
Staff Strength: 07

Area of Operation

Karachi

Banks

United Bank Ltd; Standard Chartered, Karachi

Auditors

Hyder & Co. Chartered Accountants, Karachi.

Tax Status

Exempt U/S 2(36) of Income Tax Ordinance, 2001

For Information and Donations

206-G, P.E.C.H.S. Block II, Karachi

Tel: +92-21-4530646; 4382298

Email: info@shehri.org Website: www.shehri.org

Mission

To act as a pressure group, a conscious raising organisation and a catalyst in protecting the urban environment



SHEHRI Comes Into Being

Karachi has grown from 0.35 to 16 million inhabitants to assume the dimensions of a multi cultural cosmopolitan city. This vertically unplanned expansion has brought problems and pressures for Karachi in terms of providing civic amenities and services for its population. Nearly 70% of the country's total industry is based in Karachi. The growing populace has resulted in large numbers of illegal land-use conversions by the builders and severe violations of building bylaws by both the builders as well as by the land control authorities.

SHEHRI was formed in 1988 by a group of concerned individuals to provide citizens of Karachi with a platform to effectively voice their concerns and take action in arresting the deterioration taking place in their living environment, and to properly reform and improve it. It operates as a pressure group and a consciousness raising organisation interfacing with citizens, civic and metropolitan bodies and higher tiers of government. It acts as a catalyst for generating debates and searching for solutions to urban problems.

Programmes & Activities

SHEHRI has been involved in various activities in order to meet its targets. Right from its establishment, SHEHRI has been under taking a series of workshops, seminars, brainstorming sessions, advocacy work, projects and all the while also evolving strategies and frameworks for establishing a truly representative, empowered and effective local government system in the city. Public Interest Litigation has been undertaken to reverse the illegal occupation and construction in public lands and parks. SHEHRI set up a Citizens Help Desk in 2001, which provides information and resources to citizens to pursue complaints, connecting them with appropriate agencies or assisting them in achieving a favorable outcome. Regular liaison with government agencies, media sources, NPOs and the business community is maintained. Since August 2003, SHEHRI



has set up a Community Policing Committee at Ferozabad Police Station to help resolve citizens/police issues, and they hold training workshops for the police officers/constables on a regular basis in collaboration with Ferozabad Human Rights Institute and Rozan, Islamabad.

Understanding the importance of media and the growing IT industry, SHEHRI has taken a step into the area of digital technology by setting up their official website and having a 24 hours online presence. This not only enables people to get information about SHEHRI but also helps citizens to participate by airing their views through filling complaint forms or by sending in emails. SHEHRI has also campaigned against converting green spaces, such as the 1,017 acre *Gutter Baghicha*, for industrial, commercial or residential use.

Focusing on environmental and wildlife conservation, SHEHRI-CBE, launched 'Helping the Turtles Survive' campaign funded by the Global Environment Facility, United Nations Development Programme (GEF,UNDP), Pakistan. Similarly, on the 14th of August 1998, coinciding with the nation-wide Independence Day celebration, SHEHRI members and residents of the locality formally inaugurated the SHEHRI-Park, which they adopted in the Clifton area of Karachi.

Working with the Citizens - Police Liaison Committee, and the Human Rights Commission of Pakistan (HRCP), a campaign on "Gun Free Society" has also been launched. A comprehensive plan of action was prepared, calling for several administrative measures aimed at effectively tackling this menace.

SHEHRI - CBE continues its commitment to bring Pakistani youth into the fold of civic responsibility through a carefully crafted project that involves students from the International School located in Clifton. This includes a well-rounded programme that allows students to figure out first hand how to create a clean, safe, and beautiful neighborhood with the cooperation of residents.

Shehri publishes a quarterly newsletter to let its members and other authorities know about their new campaigns and successes.

“ Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, its the only thing that ever has ”

Margaret Mead

Income and Sources of Funding (Rs.)

Sources of funds	2002	2003	2004
Self Generated Income	31,905	39,255	34,000
National (Grants/ Donations)	1,151,083	1,867,300	1,672,300
International (Grants/ Donations)	528,450	594,050	1,149,226
Total	1,711,438	2,500,605	2,855,526

At a glance

Certificate No: PCP-2005/0016

Registration

The Societies Registration Act, 1860 (Registration No. K 5/78) 20th September, 1952 at Karachi

Major Programmes

Establishment and Operation of Quaid-e-Azam Public School at Darsano Channo, Karachi.

Human Resource

Governing Body: 30 members
Chairperson: Nisar Hassanally Effendi
Staff Strength: 86

Area of Operation

Darsano Channo a village located about 30 km from Malir, Karachi.

Banks

Muslim Commercial Bank, Habib Bank Ltd. & National Bank of Pakistan, Karachi

Auditors

Hyder Shimji & Co., Chartered Accountants, Karachi

Tax Status

Exempt U/S 2(36) and Clause (58) of the 2nd schedule of the Income Tax Ordinance, 2001.

For Information and Donations

1st floor, Sindh Madrassah Building, Aiewan-e-Tijarat Road, P.O. Box 5095, Karachi-74000

Tel: +92-21-2427185, 4202399 Fax: +92-21-2422378, 4558109

Email: sasm@fascom.com, Website: www.qapschool.com

Mission

Promoting Education with religious and moral instructions to the Muslim Community



The Beginning

The Late K.B. Hassanally Effendi Bey Majidi, a visionary sage of Sindh, laid the foundation of the Sindh Madressah-tul-Islam in 1885. As the name implies, the institution sought to educate the Muslims of Sindh in particular, and other neighbouring areas in general. From the very outset SMB focused on educating those children who could not afford the cost of modern education. Sindh Madressah-tul-Islam Board (SMB) is a historic institution that has played a profound role in the history of Sindh. At the time of partition and in the years that followed SMB fulfilled a great and urgent need for crucial educational facilities at all levels for a large number of students by establishing a number of schools and colleges. For most of the 20th century, Sindh Madressah played a pivotal role in educating the Muslim community in the subcontinent. In 1972, the management of all SMB institutions was taken over by the provincial government. Despite the nationalization of their educational institutions, SMB still feels ownership of and responsibility for the schools established over a century of service. It, therefore, continues to provide some financial support to the nationalized SMB institutions (whose control now vests with the federal or provincial government).

Following nationalisation, the organisation was looking for avenues to promote the cause of education on a larger scale. Following its tradition, SMB aspired to take on the task of imparting education to the needy; to those who could not afford to pursue education on account of their limited resources. In 1985, the Board while celebrating its centenary celebrations decided to establish a new residential English Medium Public School in village Darsanno Channo, a low income rural area about 30 km from Malir, District Karachi. Named after the most prominent Madressah student, the new institution was called, The Quaid-e-Azam Public School.

Quaid-e-Azam Public School (QAPS)

SMB acquired 200 acres from the Land Utilization Department of the Government of Sindh in 1986, on which the school is



now built. It was a humble beginning. The school began with educating a handful of four year olds. Gradually, children from the nearby vicinity began filling the classrooms. Today, almost two decades later one can see that the dream which once started with two classrooms, 13 students and a staff of five teachers is a grand reality comprising an impressive campus housing primary, secondary and higher secondary classes, employing a staff of 37 teachers and educating as well as grooming a body of 534 students. In line with its tradition, QAPS aims at providing educational facilities to low-income communities. The school's basic objective is to educate students by creating an awareness of the requirements of the 21st century. A nominal monthly fee of Rs. 300- 550 is charged from students.

The Curriculum:

A constant attempt is made by the school to improve the standard and quality of education provided. QAPS is aware that it is vital for students to be equipped with a set of diverse skills. For this reason the study of computer sciences and vocational training and the development of research and development skills along with awareness of the global environment have been included in the curriculum. The curriculum not only concentrates on academics but also includes recreational activities. Students are encouraged to take part in extracurricular activities especially sports. QAPS believes that the concept of teamwork would assist them in excelling not just individually but as a nation as well.

Staff:

The school at present boasts a staff of well-qualified, extremely devoted teachers, some of whom travel a great distance every day to discharge their duties. The school makes arrangements for teachers to receive training at the Agha Khan Institute for Educational Development.

Scholarships

The organisation provides financial assistance to the deserving and meritorious students under its scholarship programme. This service is available for all schools and colleges throughout the province of Sindh. Under this programme a scholarship of Rs. 3600/- is provided. The Principal identifies the needy student in each school/ college and a Scholarship Committee reviews the applications and selects the recipients.

“ With dedicated efforts being put in by the board, under the dynamic leadership of Mr. Effendi, we expect this institution to be the prime institution of not only Sindh - but Pakistan ”

Nisar A. Memon, IBM

Income and Sources of Funding (Rs.)

Sources of funds	2003	2004	2005
Self Generated Income	6,076,232	4,142,967	3,905,371
National (Grants/ Donations)	7,851,825	1,658,400	3,635,225
International (Grants/ Donations)	-	-	-
Total	13,928,057	5,801,367	7,540,596



At a glance

Certificate No: PCP-2005/0042

Registration

The Societies Registration Act, 1860 (Registration No 3835) 13 July, 1998 in Hyderabad

Major Programmes

Social Mobilization; Water Development and Management in arid zones of Thar; Sustainable Land Use; Micro-credit and Enterprise Development; Child citizenship and Children's Rights (child labour); Health, Education and Women's Rights; Relief and Rehabilitation in emergency situations

Human Resource

Governing Body: 15 members
Chairperson: Dr. Suleman Sheikh
Staff Strength: 337

Area of Operation

Tharparkar, Dadu, Umerkot & Khairpur, Jamshoro

Banks

National Bank of Pakistan, Mithi

Auditors

Anjum Asim Shahid Rehman, Chartered Accountants, Karachi

Tax Status

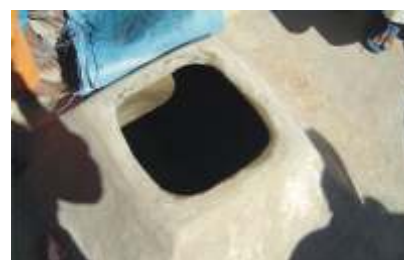
Exempt U/S 2(36) of Income Tax Ordinance, 2001

For Information and Donations

Near Dargah Hussain Shah, Siran, Mithi (69230), District Tharparkar, Sindh
Tel: +92-232-261462, 261661; Email: info@thardeep.org

Mission

To facilitate a community managed process contributing towards the development of sustainable livelihood in Sindh.



Background

Thardeep Rural Development Programme (TRDP) operates in the rural areas of Tharparkar, Mirpurkhas, Dadu and Khairpur Districts of Sindh, Pakistan. It aims at facilitating the rural communities in a way that they can be empowered to secure their rights with respect to command over resources and capabilities to manage the process of sustainable development. Thus, TRDP organizes the local communities and develops their managerial and technical capacity. It also facilitates them in the process of income generation through provision of credit. They extend services in the areas of primary health care, education and water. The working strategy of the organisation is based on the continuous process of research on social issues relevant with and related to community development.

What They Do

Social Mobilization & Capacity Building:

Under this programme, TRDP helps the community in organizing themselves in Village Development Committees. The formation of committees involves a process of identifying needs in sustainable land use, water and sanitation, education, primary health, saving and credit and income generation areas. This in turn provides the base for identifying the technical support required and developing and implementing solutions which can ultimately be sustained through minimum external inputs. They also encourage linkages with other service delivery NPOs. Developing human potential is one of the core areas of investment. Thardeep-HRGD (Human Resource and Gender Development) organises training, both managerial and technical, to provide the community with skills, hence empowering them, with a special emphasis on the poor, women and children.

Micro Enterprise Development & Income Generation:

The rural communities face three main barriers to income generation: lack of access to working capital, lack of expertise to



manage the cash and lack of information regarding market trends. Thardeep endeavors to overcome these barriers through micro finance services. These include provision of financial services along with technical assistance to low income women and men at the village level.

Natural Resources Management:

Financial & technical assistance is provided to village organisations in developing approaches for sustainable land use and work on livestock disease prevention. Thus, they facilitate the community in identifying self initiatives to control the desertification, improve animal husbandry, range management, rain water harvesting and water and sanitation.

Health & Education and Integrating Child Labour:

TRDP also works towards the development of human resources for the primary health care sector that will also be able to liaise with the government health authorities. They engage in advocacy activities supporting the elimination of child labour and poverty. Children groups which involve themselves in the protection of the environment are also encouraged.

Ground & Surface Water Management:

Scarcity of water is a common problem throughout the programme area It is largely due to very low annual rainfall. Subsoil water from boreholes is too deep and too salty for drinking or irrigation. Lack of water is a major constraint to economic development in Thar and other arid zones of Sind. Yet, there is a wealth of ingenuity and expertise in using this scarce resource efficiently. Their programme components focus on rain fed agriculture and pastoralists. Currently TRDP is working on three strategic options: Developing physical infrastructure, promoting the indigenous methods of utilising underground rechargeable water on a small scale and developing tube wells exclusively for drinking purposes. The villagers contribute 20% of overall expenditure incurred on water projects, while the remaining amount is provided by the organisation. Involving communities leads to ownership and sustainability of the various projects.

“ TRDP is working in various arid areas of Sindh for the betterment of the society with a mission of enlarging the choices of people with equality and justice ”

Noor Ahmad Janjhi, Programme Advisor, TRDP

Income and Sources of Funding (Rs.)

Sources of funds	2003	2004	2005
Self Generated Income	14,546,494	32,689,555	44,769,451
National (Grants/ Donations)	55,546,242	73,064,954	115,678,655
International (Grants/ Donations)	37,986,029	27,689,453	42,175,142
Total	108,078,765	133,443,962	202,623,248



At a glance

Certificate No: PCP-2005/0019

Registration

The Companies Ordinance, 1984 in September 1996

Major Programmes

Providing quality education for deprived children of Pakistan through the establishment and operation of purpose built formal primary and secondary schools in urban slums and remote rural areas of the country

Human Resource

Governing Body: 07 members

Chairperson: Mr. Ahsan Saleem

Staff Strength: 1,983 (377 Males, 1,606 Females)

Area of Operation

Punjab, Sindh, Balochistan

Banks

Askari Commercial Bank, Bank Al-Habib Ltd, Crescent Investment Bank, Citibank, ABN AMRO Bank, Al-Meezan Bank, Karachi.

Auditors

M. Hussain Chaudhury and Co. Chartered Accountants, Lahore

Tax Status

Exempt U/S 2(36) of the Income Tax Ordinance, 2001

For Information and Donations

7th Floor, NIC Building, Abbasi Shaheed Road, Karachi 75530, Pakistan

Tel: +92-21-111-823-823, Fax: +92-21-5653173

Website: www.thecitizensfoundation.org

Mission

To promote mass-scale quality education at the primary and secondary levels in an environment that encourages intellectual, moral and spiritual growth.



The Story Till Now

TCF credits its inception to six individuals from the corporate sector, who decided to contribute to society by providing quality education which would serve as one of the keys to address the labyrinth of problems the country is faced with. The decision was made and the realisation was quick. By May 1996, even before the Foundation had registered as an NPO, 5 purpose built schools in the most impoverished areas of Karachi had started functioning.

Today, the name TCF is synonymous with education; imparting formal and quality primary and secondary education to the most deprived and neglected children of society. This is the largest such institute of its kind. In 8 years, the Foundation has successfully established 224 school units in 21 different locations of the country, supported by a Teacher Training Centre, where primary and secondary level school teachers are trained. By 2015 TCF envisages 1000 such school units enrolling over 360,000 students across Pakistan. TCF schools are growing at the rate of one school per week.

Their Schools

All TCF schools are established in purpose-built premises, designed by reputed architects, M/s. Arshad Shahid Abdulla in Karachi and M/s. Pioneer Consultants in Lahore. Schools buildings are complete with classrooms, an administrative block, a play area, library, an art room, and all essential facilities such as water, electricity and toilets required to provide students with a complete and stimulating learning environment.

The curriculum taught in TCF Schools has been designed to provide quality education that is modern in its approach yet traditional in its values. It promotes an interactive approach that is child centred and in line with the officially prescribed syllabus by the Education Board of their respective region. TCF's philosophy is that children with good English and sound mathematical concepts have a better chance to develop new skills and thus contribute to Pakistan. To achieve this aim, English



Achievements

224 school units operational in different locations all over Pakistan.

More than 30,000 enrolled students.

Balanced gender ratio, close to 50% female students.

Created more than 2,600 jobs, of which 1,600+ are teachers and principals.

Raised public awareness about the dire illiteracy problem in



“ Educate a boy and you educate one person. Educate a girl and you educate a nation ”

and Math books of a government approved private publisher are used. To further enhance the syllabus and facilitate teachers to teach effectively, guide lessons for all prescribed textbooks are also prepared by TCF. Extra curricular activities form an integral part of the curriculum along with reading, computers, art education and educational field trips. Activities such as debates, essays, arts, etc along with sports form an integral part of the academic calendar at TCF.

They have a TTC which provides teacher training during summer breaks through refresher courses for old teachers and new recruits.

Scholarships & Assistance

TCF schools are located in rural areas and urban slums where sending a child to school means losing a bread-earner. To ensure that education is affordable for every student, a pay-as-you-can afford system is in place, whereby scholarships up to 95% are awarded on the basis of need. 'Need' is judged on the basis of the overall household income of each family, its circumstances and education related expenses. Applicants for financial assistance provide necessary details about their family income and resources by completing a scholarship form. The TCF school staff, through visits to the applicants' homes, verifies this information. Finally TCF principals send the completed scholarship forms, along with their recommendations to the Regional Office where the final decision is taken. Deserving students get uniforms and textbooks free of cost. Others are provided the facility of purchasing uniforms and textbooks on easy instalments.



Ibn Badis, an Algerian Muslim Reformist.

Income and Sources of Funding (Rs.)

Sources of funds	2003	2004	2005
Self Generated Income	2,156,625	2,616,443	7,616,063
National (Grants/ Donations)	-	-	-
International (Grants/ Donations)	180,805,208	332,749,122	392,524,507
Total	182,961,833	335,365,565	400,140,570

At a glance

Certificate No: PCP-2005/0040

Registration

The Societies Registration Act, 1860 (Registration No. KAR / 0838) on 06 November, 1986 Karachi.

Major Programmes

Providing complete diagnostic & treatment facilities for kidney & other related diseases.

Human Resource

Governing Body: 16 members
Chairperson: Mian Mohammad Rafi
Staff Strength: 370

Area of Operation

Working in Karachi but patients come from all over the country.

Banks

Habib Bank Ltd, Standard Chartered Bank, Faysal Bank, Karachi

Auditors

A. F. Ferguson & Co., Chartered Accountants, Karachi

Tax Status

Exempt U/S 2(36) of the Income Tax Ordinance, 2001

For Information and Donations

197/ 9 Rafiqi Shaheed Road, Karachi 7550, Pakistan

Tel: +92-21-5661020, Fax: +92-21-5661040

Email: mail@kidneycentre.com | Website: www.kidneycentre.com

Mission

To provide specialized and effective renal and renal related healthcare services conforming to international standards; to screen individuals totally free of cost for renal ailments; to serve as a quality teaching, training and research institute and as a database for statistics of renal ailments in Pakistan.



The Kidney Centre Stands Out

Situated in the heart of Karachi, the seven storey Kidney Centre building was once merely a dream of a few dedicated individuals. It started in 1985 when some like-minded doctors joined hands and thought of establishing an exclusive hospital for kidney patients. Leading the way were Dr. Adeb Rizvi and Dr. Jaffer Naqvi. Dr. Rizvi is now associated with the Sindh Institute of Urology and Transplant (SIUT), while Dr. Naqvi is managing the Kidney Foundation. Fired with a sprit of community service, they set out to build a nonprofit institution that would provide prompt medical treatment for all nephrourological ailments under one roof, free of cost to those who could not afford to pay. Realising that funding would be a major constraint, they contacted the business community. The businessmen that answered this call for financial help included Justice Durab Patel, Mian Muhammed Rafi, the Jaffer Brothers and many others. All remain devoted to TKCI till today. Justice Durab Patel died whilst he was Chairperson of the Institute.

The Kidney Centre started its operations in 1989. In the first phase, it initiated a small dialysis unit with just 2 machines. Now fifteen years later, it is a 100-bed, specialist institution providing complete care for prophylaxis and therapeutic management of nephro-urological diseases that meets the highest standards. The Kidney Centre Post Graduate Training Institute also serves as an excellent teaching and research educational institution for nephrology, urology and related fields. The Kidney Centre Post Graduate Training Institute is truly an excellent achievement that can be favourably compared with any foreign facility. It now has the privilege to be the first ISO 9002 Certified hospital in Pakistan and the only renal care facility in Asia to be so recognized. A Patients Welfare Association has been formed in the hospital, which is responsible for collecting money for patients' welfare through Zakat, Bait-ul-mal and private donations. All this money goes to the treatment of those patients who cannot afford to pay for their treatment.



The Hospital That Is Unique

Today, the hospital is the most modern and well equipped kidney care hospital in Sindh. It has a central air-conditioning system and a built-in incinerator for disposal of waste. It also has a reference library and a museum for students who are studying in the Post Graduate Training Institute. The library is well equipped with computer and internet facilities and has membership for all the journals related to renal diseases. The museum has a collection of over 60 types of specimens for study and reference.

The hospital boasts some of the city's best OPD consultants and surgeons as full-time employees. The Out-Patients Department is a well-equipped department managed by professional medical specialists and surgeons. A significant feature of the OPD is its Free Filter Clinic, which does not charge for blood and urine tests. The patients are referred to different consultants for further treatment. After thorough check ups they are prescribed the relevant treatment. The Hospital's Dialysis Hall started with only two machines but now has 32 modern and well-equipped dialysis machines to cater to the needs of severe patients. A total of 128 dialysis procedures can be performed in one day. The registered number of patients to date is 1,262 while the total number of dialysis procedures conducted since inception stands at 281,480. On average, 2,500 procedures are conducted every month. Most of the patients who come for dialysis belong to the middle and lower middle class and thus cannot afford to pay for expensive treatment.

There are 4 fully equipped operation theatres with the latest surgical advancements, in which 3 are operational and one is on standby in case of emergencies. In the year 2004, a total of 3,053 surgeries were performed. A 4 bed recovery room with complete post-operative monitoring facilities is also attached with the operation theatres. A 52 bed in-patient ward with a central nurse call system and central oxygen and suction system is available for patients who are required to stay in the hospital. 36 beds are reserved for the general ward while there are 4 private and 4 semi private rooms. The occupancy rate stands at 60% and last year more than 3,000 patients were admitted to the in-patient ward. The Lithotripsy Department was established in 1994 and caters to those patients who have stones in their kidneys which are crushed using a laser machine. In these cases, surgery is not required.

“ I can say with conviction that the mission, vision, ethics, risk management and strategic planning of the Kidney Centre has thoroughly impressed me. It deservedly lives up to its reputation in South Asia. I hope to ask our own Kidney Centre to model itself on The Karachi Kidney Centre ”

Madhukar Shunsher JB Rana, *Minister of Finance, Kingdom of Nepal*

Income and Sources of Funding (Rs.)

Sources of funds	2003	2004	2005
Self Generated Income	128,963,818	133,457,063	151,973,311
National (Grants/ Donations)	51,91,887	1,813,895	26,463,188
International (Grants/ Donations)	-	-	-
Total	134,155,705	135,270,958	178,436,499

War Against Rape (WAR)



At a glance

Certificate No: PCP-2005/0037

Registration

The Societies Registration Act, 1860 (Registration No. KAR 2322) on 21 September, 1992 in Karachi

Major Programmes

To provide legal, psychological and medical aid to the survivors of sexual abuse; advocate cases of sexual abuse and domestic violence against women and children.

Human Resource

Governing Body: 09 members
Chairperson: Dr Abdul Bari Awan
Staff Strength: 05

Area of Operation

Mainly Karachi and some of its surrounding areas

Banks

Bank Al-Habib, Karachi.

Auditors

Rao & Co. Chartered Accountants, Karachi

Tax Status

Under Process

For Information and Donations

Pearl Crest, 18-C, Zamzama Boulevard
4th Commercial Lane, Defense Housing Phase-V, Karachi.
Tel: +92-21-5373008 | Fax: +92-21-5830903
Email: war@super.net.pk

Mission

To break the silence and build awareness about rape and other forms of sexual abuse; Act as a pressure group, lobbying with NGOs and the general public, enforcing the relevant agencies to ensure security of all citizens.



Battle for the Abused Begins

Gender based violence is widely prevalent within our society. Sexually abusive relationships are visible in verbal, emotional and physical abuse which target the weaker individual, be it man, woman, boy or girl. Gender based violence occurs in the home, work place and society in general. These are issues most are hesitant to acknowledge or talk about. Formally set up in 1989 by a group of men and women who were committed towards building a humane and dignified society by breaking the silence on rape and other forms of sexual abuse, WAR is working in collaboration with other groups to raise societal awareness on this issue. It has been successful in overturning court judgments, establishing shelters, lobbying for the setting up of women's police stations and above all changing attitudes of the general public towards these issues, in collaboration with like-minded groups. All this has encouraged them to launch a new awareness programme and they hope to continue their momentum of rapid growth both in size and effectiveness.

WAR Aims High

Though WAR still functions as a pressure group, they also feel it is important to find a balance between identifying the issue at a large national level with sexual abuse as a personal tragedy. Currently, WAR is engaged in providing a wide range of services.

Legal Aid Services

Through its Legal Aid Programme, it contacts victims and provides legal advice to them as well as their family members. This also involves at times following up on court cases and preparing the statements of victims.

Counseling Services

The First Contact Committee, ensures an effective out reach support system and provides formal counseling sessions to the



Achievements

Break the silence and build awareness about rape and other forms of sexual abuse of women and children.

Provide victims of sexual abuse and their families/friends with medical, psychological and legal support.

Mobilise professional support for victims and their families. And to provide a forum for all concerned with the issue of violence in general and rape in particular.

Act as a pressure group, lobbying with NGOs and the general public, enforcing the relevant agencies to ensure security of all citizens.

Establish and maintain contact with police officials, liaising and sensitising the police force.

Raise funds to facilitate the work of WAR.

survivors through trained psychologists and volunteer counselors who are always available for crisis intervention in all initial and home visits. On average, three first contact visits are undertaken every month and 74% of these are followed up with second and third contact visits.

The Prison Inspector General granted permission in August 1998 for psychologists to make ongoing visits to any of WAR's legal clients in the Karachi Jail, though this was later revoked by the Home Secretary at the time. WAR has been granted permission to visit the Karachi Dar-ul-Aman and work out the possibility of arranging counseling camps for the women residing there.

Awareness Raising

Awareness Raising on the issues related to gender based violence and rape in particular has been provided through regular orientation and presentation sessions. Sensitisation Workshops, which focus on in-depth analysis of the issues of sexual abuse and violence, last 5 to 6 hours. The workshops target and sensitise individuals who are in direct contact with survivors, to the special needs and requirements when handling cases of sexual abuse and violence.

Referral Network

WAR has established a Referral Network which involves commitments from medical professionals such as nurses, psychologists, psychiatrists, paediatricians, gynaecologists and urologists as well as community workers and teachers. WAR, along with other NPOs, is working on setting up a national referral network for rape and sexual abuse. It has already established the Karachi chapter. They identify sensitive and committed professionals who would be willing to make a commitment to work against rape, sexual assault and child sexual abuse. As a member of the Referral Network, professionals are expected to volunteer their services when a case arises.

WAR Watch

The *WAR Newsletter* provides information, developments and news about WAR and the issues it addresses. The *WAR Watch* series, a succession of articles about sexual abuse issues based on statistics from reported cases in Karachi, highlight the issues and challenges faced in a leading newspaper. These articles have focused on trends in the reported cases and enabled WAR to provide the public a clear insight into the pitfalls and problems with existing reporting procedures.

“ WAR gave me confidence to face the harsh realities of life and survive with a raised head, instead of opting for suicide ”

A Victim

Income and Sources of Funding (Rs.)

Sources of funds	2002	2003	2004
Self Generated Income	129,030	339,335	215,005
National (Grants/ Donations)	608,877	1,220,220	2,539,125
International (Grants/ Donations)	-	-	-
Total	737,907	1,559,555	2,754,130